

# R GIRLS' UNIFORM & PE KIT

## Jewellery

For pierced ears, two studs per ear, may be worn N.B. studs not hoop earrings. Facial and body jewellery are not allowed. Any body piercings should be undertaken at the start of the summer holiday so wounds will be healed and studs can be removed when your child attends school. One simple, plain ring is permitted but must be removed for practical lessons. A wrist watch is allowed. Bracelets and charity wrist bands etc. are not allowed.

## Hair

Extremes of hair fashion or unnatural hair colours are not allowed.

## Make-up

Make-up, nail varnish or gel nails should not be worn.

## Trousers

Black, full length, straight cut. No fashion trousers, jeans, cords or stretch fabrics. Trousers with zip/button decoration are not allowed. Trouser belts should be slim, plain and black.

## Skirts

An RHSC box pleated, black, knee length skirt. Only available from Birds of Dereham.

## Tights

Plain black, worn with a skirt.

## Socks

Plain, black ankle socks with skirts and trousers. Trainer socks are not allowed.

## Shoes

Black, flat and sensible. Boots, trainers, high heels or canvas shoes are not allowed.

## Year 11 Girls' Winter Uniform

An embroidered, black, v-neck jumper replaces the green blazer and there is a specific RHSC clip-on Year 11 tie, both only available from Birds of Dereham. All other items remain the same as those listed above.



## Equipment

School planner, pens, pencils, USB pen, eraser, ruler, a calculator and a basic geometry set. A reading book should be brought in every day.

## Outdoor Clothing

Coats, jackets, hats, scarves and gloves etc. must not be worn indoors.

## Blazer

Bottle green 'Trutex' or 'John Lewis'. They will be worn in school during lessons. Badges may be obtained from Birds of Dereham.

## Shirt

A formal plain white, long or short-sleeved shirt. Must be worn buttoned at the neck and wrists and tucked in.

## Tie

The RHSC clip-on tie worn correctly.

## Sweatshirt

An optional, embroidered, burgundy v-neck sweatshirt, may be worn under the blazer. This does not replace the blazer. Only available from Birds of Dereham.

## Apron

A green apron, available from Birds of Dereham, must be taken to all Technology, Art and Science practical lessons (white laboratory coat optional).

## Summer Uniform (optional)

An embroidered, burgundy coloured polo shirt worn with the blazer and/or v-neck sweatshirt may be worn in the second half of the summer term only.

## ALL GARMENTS MUST BE MARKED WITH THE OWNER'S NAME

## Tops

One embroidered, red polo shirt with black side panel and white piping.

One embroidered, red panel 1/4 zip sweatshirt or an embroidered softshell jacket.

Only available from Birds of Dereham or [www.schoolwear-uk.com](http://www.schoolwear-uk.com)

## Skort or Shorts

Embroidered, black skort or shorts with red panel and white piping.

Only available from Birds of Dereham or [www.schoolwear-uk.com](http://www.schoolwear-uk.com)

## Tracksuit Bottoms/Leggings

Black tracksuit bottoms or black RHSC leggings. Only available from Birds of Dereham

## Socks

One pair of black with red turn over top games socks by 'Pro Star' for outdoor lessons. Only available from Birds of Dereham or [www.schoolwear-uk.com](http://www.schoolwear-uk.com)

## Footwear

One pair of suitable trainers. N.B. Large fashion-type trainers with high ankle support are not allowed. An optional pair of football boots or hockey astros.

## Safety

Gum shield for rugby/hockey (available from the PE office). Shin pads.

## Please Note

No jewellery to be worn in any PE lesson. Long hair should be tied back.

No aerosol sprays of any kind must be brought to school because of the bad effect these may have on asthma sufferers.

