

## WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Beef and Tomato Meatballs with a Pasta & Arrabbiata Sauce	Cheesy Topped Chicken and Baked New Potatoes	Roasted Gammon Fillet served with Stuffing, Roast Potatoes, and Gravy	Italian Chicken in a Tomato and Basil Sauce with Potato Wedges	Freshly Baked Fillet of Battered Fish served with Chips
Vegetarian	Quorn Meatballs with a Pasta & Arrabbiata Sauce	Cheesy Topped Quorn Fillet and Baked New Potatoes	Quorn Roast with all of the Roast Dinner Trimmings	Wholemeal Cheese and Tomato Pizza with Potato Wedges	Med Vegetable Lasagne with Chips
Vegetables	Garden Peas and Carrots	Broccoli and Sweetcorn	Savoy Cabbage and Cauliflower	Carrots and Sweetcorn	Garden Peas or Baked Beans
Dessert	Lemon Drizzle Cake	Chocolate Sponge & Chocolate Sauce	Red Cherry Crumble with Custard	Sultana Sponge with Custard	Vanilla Sponge
Available Daily	Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Hot Pasta Pot of the Day or Fresh Fruit Salad, Hot and Cold Drinks				

## WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Sausage, Mashed Potato and Gravy	Chicken Curry with Wholemeal Rice and Naan Bread	Roast Chicken with Yorkshire Pudding, Roast Potato and Gravy	Sticky BBQ Pork with Rice	Freshly Baked Fillet of Battered Fish served with Chips
Vegetarian	Veggie Sausage, Mashed Potato and Gravy	Vegetable Curry with Wholemeal Rice and Naan Bread	Quorn Roast with all of the Roast Dinner Trimmings	Tomato and Basil Pasta with Garlic Bread	Quorn and Vegetable Taco with Chips
Vegetables	Green Beans and Fresh Carrots	Sweetcorn and Pepper Mix	Peas and Fresh Cabbage	Carrots and Sweetcorn	Garden Peas or Baked Beans
Dessert	Apple Crumble with Custard	Jam Sponge & Custard	Gingerbread	Banana Pudding and Custard	Chocolate Muffin
Available Daily	Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Hot Pasta Pot of the Day or Fresh Fruit Salad, Hot and Cold Drinks				

## WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Beef Chilli and Rice with Garlic Bread	Spanish Chicken with New potatoes	Roasted Turkey, Roast Potatoes, Sage and Onion Stuffing and Gravy	BBQ Smokey Chicken with Potato Wedges	Freshly Baked Fillet of Battered Fish served with Chips
Vegetarian	Vegetable Chilli and Rice with Garlic Bread	Wholemeal Cheese and Tomato Pizza with New Potato	Quorn Roast with all the Roast Dinner Trimmings	Mac and Cheese with Garlic Bread	Veggie Sausage Hot Dog with Chips
Vegetables	Sweetcorn and Pepper Mix	Broccoli and Carrots	Cauliflower and Savoy Cabbage	Carrots and Green Beans	Garden Peas or Baked Beans
Dessert	Eves Pudding and Custard	Chocolate Sponge & Cream	Apple Pie & Custard	Banana Muffin	Chocolate Crunch Slices
Available Daily	Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Hot Pasta Pot of the Day or Fresh Fruit Salad, Hot and Cold Drinks				