

Dear Pupils/Students of RHSC,

Whether currently at home or at school you are now all aware that at the end of the day on Friday school will be closed to the majority of pupils for at least the short term.

Lessons, learning, and communication will take place in a different way but one thing that will not change is our duty of care to you.

Staff may not be at school but you are still our students and your wellbeing and safeguarding is important to us. Your teachers are still there to email as many of you already do for academic related support, please do not feel isolated or alone - reach out.

Below we have outlined what to do if there is a problem. This problem could be in many different shapes and sizes and just like when at school or college we aim to be here for you to communicate with if you need us.

If you are worried, anxious, concerned, needing help for yourself or another person please get in contact. You can email, text or request a call on the school website.

Being at home for a long period has its challenges and will be a journey into the unknown for us all. We will aim to send you regular suggestions to keep your mind and body healthy 😊 Below we have attached the children's and young peoples just one number and ChatHealth who you can also contact. For an alternative contact or an out of hours emergency we have also added Childline contact details.

We are here to help and looking forward to seeing you at school or college soon.

The Safeguarding Team



Safeguarding - School Closure Period

During an enforced school closure RHSC will continue to see **safeguarding as its first priority**. Although there will be limitations to what school and college can offer we still aim to provide a point of contact for those who are most vulnerable or in need. We understand that being out of school for an extended period can have its own challenges. Although we will not be able to be the solution for every situation we will look to help or point you towards the most appropriate service. If you are worried, anxious, concerned or needing help for yourself or another please get in contact.

Points of Contact

In the first instance email our DSL team

safeguarding@reephamhigh.com



Send a text? DSL text only system (between 9am-5pm)

SMS 07899068853 or 07899068923 or request a call at www.reephamhigh.com/contact/

Alternatively - Childline 0800 1111 or www.childline.org.uk



ChatHealth is for healthcare professionals and health service providers who want to be able to offer quick and confidential support to young people between the ages of 11 and 19.

It's typically used to provide advice about sensitive issues where patients might want to avoid a face to face appointment, such as:

- **stress and anxiety**
- **Bullying**

Headteacher: T Gibbs B Ed (Hons) NPQH
Whitwell Road, Reepham, Norwich, NR10 4JT
Reepham High School & College Tel: 01603 870328
Email (main school): office@reephamhigh.com www.reephamhigh.com
Email (college): office@reephamcollege.com www.reephamcollege.com



Artsmark
Silver Award
Awarded by Arts
Council England



- [self-harm](#)
- alcohol and drugs
- sex, [contraception](#) and relationships

Advice for Teens in Norfolk

Text: 07480 635 060

This service is provided by Norfolk Children & Young People's Health Services for young people aged 11-19. You will get a reply within 24 hours from an NHS School Nurse between 9:00am to 5:00pm, Monday to Friday (except bank holidays).

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