

Feeling alone?

Don't know what to do?

Can't see a way forward?

Parenting a child who uses substances and doesn't want to stop can be difficult.

Free online support group for parents of children under 19 who are misusing substances.

During our six sessions we are offering support, advice and a confidential space to talk.

To protect your identity, we are delivering our sessions via Microsoft Teams with Cameras switched off and with the use of individual's first name or a chosen nickname.

Our next course will start on Friday, 5th of November 2021

Lunchtime 12:30 -2pm and evening sessions 5-6:30 pm.

Future courses: 25th of February and 22nd April 2022.

**THE
MATTHEW
PROJECT**

Finding hope together

***Please contact
Unity@matthewproject.org or call
0800 970 4860 for further information
www.matthewproject.org***