

CURRICULUM ENHANCEMENT WEEK

15th - 18th JULY 2024



Adventure Week

Do you want to test yourself and push yourself to the limits? Are you tough enough to complete this week? Have you a competitive personality with a will to win? Can you stand the pace?

Would you enjoy going paintballing, canoeing, paddle boarding, karting and a day at Pleasurewood Hills?

Then join us for an active, fun filled week!



Activity leader: Mr Lockley

Cost per pupil: £140

Please note that prices are subject to change depending on group size

Group size: 50 maximum

Archaeology: Digging up the Past!

This year we plan to visit to Norwich Castle, West Stow, one of England's great archaeological sites; and Sutton Hoo, the site of two Anglo-Saxon cemeteries dating from the 6th to 7th centuries and where archaeologists have been excavating since 1938. Here, an undisturbed ship burial containing a wealth of Anglo-Saxon artefacts was discovered.

Alternatively, we are currently investigating the possibility of taking part in another archaeological excavation with the University of East Anglia. This would involve 4 days in the fresh air, in a beautiful location, carrying out important research and discovering things that nobody knows about while learning about the process of archaeology.



Activity leader: Mr Pittaccio

Cost per pupil: Between £50-£80

Please note that prices are subject to change depending on group size and activity

Group size: 15 maximum

Art & Craft Workshop

The week will spent exploring a range of different art and craft techniques including dry felting, wet felting, printing, slow stitch, clay and more.

This week is a chance to explore, experiment and develop new techniques.



Activity leader: Mrs Skipper & Ms Lee

Cost per pupil: £30

Please note that prices are subject to change depending on group size

Group size: 16 maximum

Beauty School

Choose this activity and you will be able to pamper yourself all week as well as learning new skills and techniques suitable for your age group.

There will be workshops focusing on festival makeup, gel nails, skin care, hair, Indian head massage, eyebrow threading and waxing, henna, hair wrapping and much more!

We will spend a day in Norwich, shopping and having lunch. You will have great fun trying on all sorts of clothes, shoes and accessories.

This is a great activity to end the school year, and to prepare yourself for the summer break. There will be prizes each day too!



Activity leader: Mlle Teillet

Cost per pupil: £90

Please note that prices are subject to change depending on group size

Group size: 16 maximum

Board Game Extravaganza

If playing and creating board games are your thing, then this is the activity for you!

We'll be school-based, spending time exploring your favourites and games you might not have heard of before, plus researching your own games.

From Monopoly to mousetrap and from ludo to cluedo, there will be something for everyone to get competitive over.

And snacks. There'll be snacks!



Activity leader: Mr Hull & Mr Moghaddas

Cost per pupil: Free

Group Size: 12-24 maximum (may be split to make two groups)

Camping Escapades

Come with us for a week of outdoor adventure!

Stay for three nights camping in the lovely Thetford Forest.

Students will be able to take part in the: zip lining, trekking,

climbing wall, canoeing and more.

If you are up for an adventurous week, great company and meals around the campfire, come and join us in Thetford Forest.

This trip is for Years 8 & 9 only



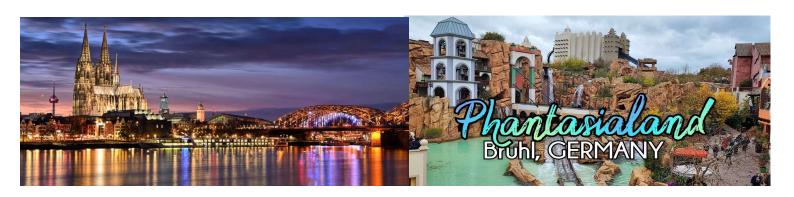
Activity Leader: Mr Corfield

Cost per pupil: £175

Please note that prices are subject to change depending on group size

Group size: 30 maximum

PLEASE NOTE: £50 DEPOSIT WILL BE REQUIRED BY 16TH NOVEMBER



Cologne & Phantasialand

As a replacement for the regular Disneyland Paris trip, which cannot run this year due to workers for the Olympic Games in Paris occupying all the hotels, we are offering an exciting opportunity for pupils to experience a European theme park that is even better, in terms of fast, thrilling rides. Phantasialand is the largest theme park in Europe and is host to one of the fastest rollercoaster rides in the world. Pupils who like thrills and spills will enjoy it as least as much as Disney, and will probably spend a lot less on merchandise. The trip also offers the usual advantages of giving pupils an experience of travelling abroad without parents, perhaps for the first time, and all the social developments of having to stay in a hotel, sharing rooms with their friends and so on. The trip also includes a day in the beautiful German city of Cologne, on the banks of the lovely Rhine, with its cathedral that looks like a set from *The Lord of the Rings*.

Important - a booking deposit of £75 is required at short notice for this trip. Should your child be offered a place, you will be contacted via parentmail and asked to pay this deposit via your ParentMail account by 12.00 noon, on Thursday 9th November.

Please do not attempt to pay this money prior to the booking deadline as the account will not be set up.



Activity Leader: Mr Smedley

Cost per pupil: £550

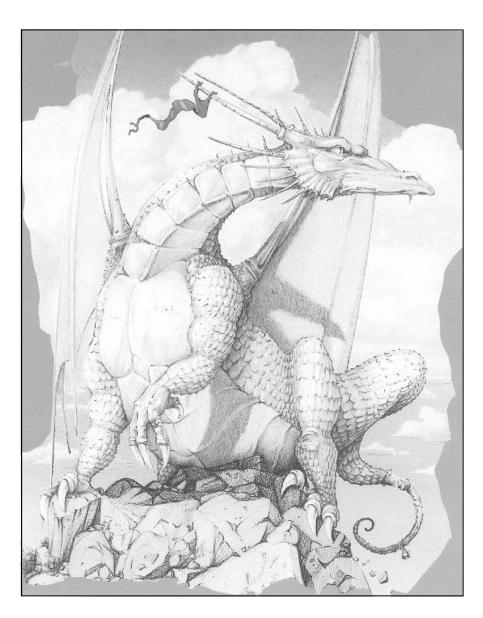
Please note that prices are subject to change depending on group size

Group Size: 40 maximum (Years 8 & 9 only)

PLEASE NOTE: £75 DEPOSIT WILL BE REQUIRED BY 9TH NOVEMBER

Dungeons & Dragons (Role Play)

Create your own character; a fighter, a cleric, a magic user or a thief and embark on an epic adventure under the watchful eye of the Dungeon Master (Mr Derrett). Collect treasure and magical items, as well as defeat a whole host of evil monsters on your route through the darkest and most dangerous of dungeons.



Activity leader: Mr Derrett

Cost per pupil: Free

Group Size: 10 maximum

Extreme Sports

If you like adrenaline sports, this is a week for you!

We will be racing East Anglia's fastest go-karts, navigating a huge obstacle course in the middle of a lake, climbing, tubing and loads more. Wetsuit hire and all other equipment is included in the price (although if you have your own you are welcome to bring it!).

The teachers on the trip are great fun and will be challenging you at every activity throughout the week! This is a week of speed, heights and open water so get ready to be brave!

We will also be heading to Pleasurewood Hills on the final day to ride rollercoasters with all of our friends on the other activities.

Open to all year groups.



Activity leader: Mrs Steele

Cost per pupil: £208

Please note that prices are subject to change depending on group size

Group Size: 30 maximum

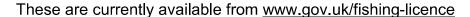
PLEASE NOTE: £25 DEPOSIT WILL BE REQUIRED BY 16TH NOVEMBER

Fishing

We are very lucky to spend our time fishing at Reepham Fishery again this year. It does not matter if you are a complete beginner or experienced angler, a boy or a girl, this fishery suits everyone. For the beginners we will have staff available to show you how to set up your rod and get catching straight away. It would help if you have your own fishing rod and tackle (or borrow from a friend) but we may be able to provide some (please request in advance at our first meeting). For the experienced angler there is the challenge to target your species or catch a personal best. In previous years we have caught Carp up to 13lbs, Tench up to 3lbs, Roach, Rudd and Orfe. There is never a quiet moment around the lake!

We will have three days to practise our skills and gain expert advice from the Fishery staff, they will then organise a fishing match for us. Our final day will include prizes and trophies for the match winners, biggest fish caught over the week and most improved angler.

Over 13s will require a free Junior Trout and Course Rod Fishing Licence.





Activity leader: Mrs Lee

Cost per pupil: £60

Please note that prices are subject to change depending on group size

Group Size: 14 maximum

Football Mad

Football mad or just want to improve your skills? Join us for an exciting week of activities at school where you'll have a blast learning fresh skills and upping your game!

Get ready for four glorious days filled with football matches, mini tournaments, and all sorts of fun and games.

We even have plans to visit the legendary NCFC football ground!

Don't miss out on this awesome adventure!



Activity Leader: Ms E Taylor

Cost per pupil: £60-£80

Please note that prices are subject to change depending on group size and availability of hired equipment.

Group Size: 20 maximum

Go Wild!

If you enjoy looking at and learning about animals, then this is the week for you.

We will visit Banham Zoo and Africa Alive, as well as having some falconers and Bugzs Uk visit us.

There are prizes for the best project and diary of the week.

This week is always great fun, so why not come and join us for a fantastic week with animals large and small.



Activity leader: Miss Geraghty

Cost per pupil: £60

Please note that prices are subject to change depending on group size

Group Size: 40 maximum

Golfing

Spend the week with Mr Easton and Mr Wright, visiting various golf courses around Norfolk, practising and improving your swing. The week will include practise sessions with a golf pro to develop technique and time on the course to put it into practice.

Proposed itinerary:

Day 1 Driving range lesson/session in the morning

9 holes in the PM

Day 2 Driving range session in the morning

9 holes in the PM

Day 3 18-hole practise round

Day 4 18-hole competition



Things to note:

- Pupils must have their own golfing equipment and experience of playing a course.
- Bring their own packed lunch and refreshments for the day.
- Dressed appropriately, as per golf etiquette. Golf shoes or equivalent comfortable shoes preferred.



Activity leader: Mr Easton

Cost per pupil: £145

Please note that prices are subject to change depending on group size

Group Size: 15 maximum

Horse Riding

Come and join us for four days of fun with the horses and ponies at Weston Equestrian Centre. Each day you will have a riding lesson and learn about horse care and welfare, as well as getting stuck into jobs around the yard.

This activity is open to riders with some experience who want to improve their skills - we ask that participants can ride independently in trot and possibly beginning to canter. Every rider, including those with more advanced skills, will be given the opportunity to progress. The centre has wonderful facilities including a large indoor school, so we'll ride and stay dry whatever the weather!



Activity leader: Ms Lubbock

Cost per pupil: £195

Please note that prices are subject to change depending on group size

Group Size: 12 maximum

Junior Masterchef

Would you love to explore your passion for food? Join Mr Williams for a fun, food filled week. You will learn real chef skills from an award-winning chef with 20-years industry experience. Get creative in sugar craft, compete in junior bake off and attempt to be a master chocolatier and more. We will visit and dine at a local restaurant where we will meet the chefs. During the week we will plan, prepare and cook a two-course meal to be served to paying guests at our school end of week pop up restaurant.

This is a full on and fun week of creativity, new skills, inspiration and FOOD!

You will not come away hungry.



Activity leader: Mr Williams

Cost per pupil: £40 (plus optional pop up restaurant tickets £10-£15)
Please note that prices are subject to change depending on group size

Group Size: 14 maximum

Lakes Experience

The Lakes is an exciting outdoor adventure in one of the wildest parts of Cumbria.

This year we will be based at Low Bank Ground on the banks of Coniston Water in the Duddon Valley, where you can test your nerve on rock-climbing, enjoy the breath-taking views from the top of the hills and experience the fun of canoeing and sailing on Coniston Water, amongst other things.

Low Bank Ground belongs to Wigan Local Authority and is staffed by adults who are experienced in outdoor activities. The highlight of the week is a walk up the hills to go ghyll-scrambling. Accommodation is in 4/6 person rooms and we travel up by coach.

So, for an exciting and challenging week, come with us to the Lakes.

This trip is for Years 8 & 9 and will leave on Monday 15th July and return on the evening of <u>Friday 19th July.</u>



Activity leader: Mrs Masdin

Cost per pupil: £480

Please note that prices are subject to change depending on group size

Group Size: 40 maximum (Years 8 & 9 only)

PLEASE NOTE: £75 DEPOSIT WILL BE REQUIRED BY 16TH NOVEMBER

Lego Masters

Lego piñatas, floating cities and animal mashups, you couldn't make it up. Or perhaps you can? We are looking for lego builders to take part in challenges where creativity, ingenuity and flair will have you crowned lego master. Let your imagination go wild with all the puzzles and games and to top it all off a trip to Legoland. Hopefully it will only be the lego in pieces by the end of our exciting week.



Activity Leader: Mrs Colebrook

Cost per pupil: £90

Please note that prices are subject to change depending on group size

Group Size: 20 maximum

Muggles in London

If you love Harry Potter and theme parks, then this is the trip for you. There are a lot of activities across the week and this is a chance to treat your Potter crazed child - without the expense and stresses of taking the whole family. The price includes coach transport, two nights in a YHA hostel in Surrey, which will be ours exclusively, and includes some meals.

We will begin the week with a day in Thorpe Park enjoying all the crazy and exhilarating rides and attractions. Our evening will be spent exploring our accommodation and playing group games.

Day 2 will be our London adventure day with a visit to Madame Tussauds, a trip to see some landmarks used in the Harry Potter movies before going to the theatre for the evening (Show to be confirmed).

Day 3 will be spent in Chessington World of Adventures and we will have a chance to enjoy the rides and animal attractions before returning to the RHSC at approximately 8pm.

Day 4 We will leave from RHSC at 9am to go to the Warner Brother Studios and explore the sets used. We will have a 45-minute lesson, planned and taught by qualified teachers as well as free green screen broomstick experience before heading back to RHSC with a stop for dinner on the way. We should arrive back to RHSC at 6pm.

Food will be a mixture of eating out and having our evening meals back at the hostel. Breakfast will be a continental and cooked breakfast option in the hostel. We will make the pupil's packed lunches for the days. We will have further details and costing when we see you at our information evening. We strongly advise you to allow a budget of further spending money for additional drinks/snacks as well as souvenirs (some drinks/snacks could be sent in children's luggage).



Activity Leader: Miss O'Reilly

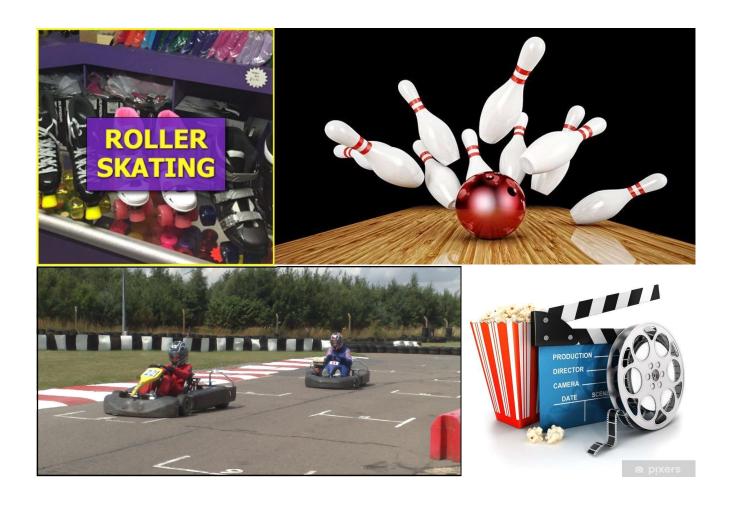
Cost per pupil: £375 Group Size: 42 maximum

Please note that prices are subject to change depending on group size Important - a booking deposit of £50 is required at short notice for this trip. If your child is offered a place, you will be contacted via parentmail and asked to pay this deposit via your ParentMail account by 12.00 NOON, ON FRIDAY 10TH NOVEMBER. Please do not attempt to pay this money prior to the booking deadline as the account will not be set up.

Multi Activities

Multi Activities involves a combination of fun and relaxing activities.

We will start the week ten pin bowling followed by roller skating at Funky's. We then spending a day at the Odeon cinema (our own private screen) watching a film in the morning, nachos or hot dog for lunch and then another film in the afternoon. On Wednesday we go karting which is always a highlight and our final day is spent Pleasurewood Hills.



Activity leader: Mr Manning

Cost per pupil: £110

Please note that prices are subject to change depending on group size

Group Size: 48 maximum

Normandy French Immersion

You will be staying at La Grand' Ferme in Normandy, near the market town of Avranches. You will take part in a variety of sporting and team building activities such as archery, bread making, aeroball, swimming and orienteering, based at La Grand' Ferme and the nearby Château de la Bourdonnière activity centre. You will visit a French supermarket as well as Mont St-Michel (a UNESCO World Heritage Site) and have a picnic on Carolles Beach. All activities are led by the French-speaking group leaders and you will be encouraged to speak French at every opportunity and, in return, you will gain a real insight into French culture (and food!) and your level in the language will improve. This French language and culture week provides the ultimate French experience and will be one trip you will never forget!

This trip is for Year 7 only and will leave on Monday 15th July and return on the evening of Friday 19th July.



Activity leader: Ms S Iwanczyk

Cost per pupil: £495 (40 pupils) to £515 (30 pupils)
Please note that prices are subject to change depending on group size

Group Size: 40 (Yr7 only) maximum
PLEASE NOTE: £75 DEPOSIT WILL BE REQUIRED BY 16TH NOVEMBER

Sailing

Sun, fun and sailing! Come and spend four days sailing with us on Barton Broad. Enjoy the beautiful scenery as you learn to sail with Barton Turf Adventure Centre in the heart of the Norfolk Broads. For more information, visit their website at https://www.btac-services.co.uk.

Most students who choose this activity have little or no experience of sailing but if you have sailed before, come along anyway and we will develop your skills further. You will be learning in dinghies similar to the Topper pictured below. Every day you will receive tuition from qualified instructors, leading to the RYA Level 1 qualification and many students achieve RYA Level 2 during the 4 days of the course, so come along, get your feet wet and get a qualification! Bring a packed lunch, a drink and loads of enthusiasm!.



Activity Leader: Ms Herculson

Cost per pupil: £295

Please note that prices are subject to change depending on group size

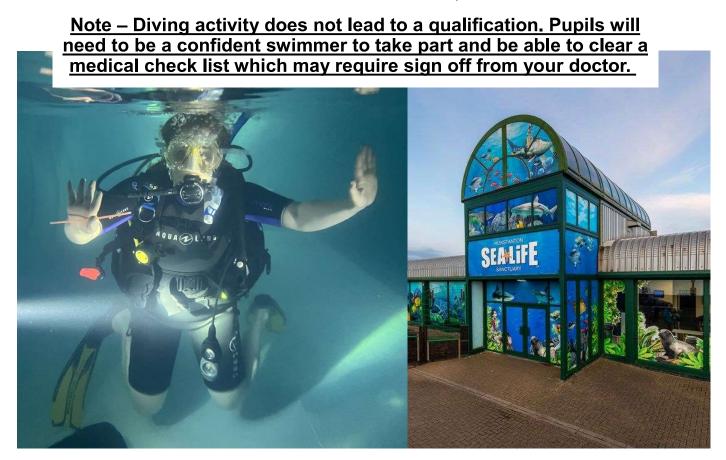
Group Size: 14 maximum

Scuba & Sealife

Join us for four days as a Marine Biologist. On days one to three you will be taught scuba skills at Christal Seas Scuba in Norwich. This includes removing your mask and regulator under water, checking your equipment and air supply and learning how to communicate with others while diving.

On the fourth day, we will take a trip to the Sea Life Centre in Hunstanton to view the wonders of our blue planet; you'll explore the aquarium, before getting up close with a rock pool, learning about the habitats and marine life on our coastline, and the conservation of our aquatic neighbours.

So come and get your fins wet, blow some bubbles and find out what it takes to find out about the secrets of the deep!



Activity Leader: Mr Daly

Cost per pupil: £120

Please note that prices are subject to change depending on group size

Group Size: 12 maximum

CEW Activities 2024

Adventure week

Archaeology: Digging up the Past!

Arts & Crafts Workshop

Beauty school

Board Game Extravaganza

*Camping Escapades (Years 8 & 9)

*Cologne & Phantasialand (Years 8 & 9)

Dungeons & Dragons

*Extreme Sports

Fishing

Football Mad

Go Wild!

Golfing

Horse riding

Junior Masterchef

*Lakes Experience (Years 8 & 9)

Lego Masters

*Muggles in London

Multi Activities

*Normandy French Immersion (Yr7 only)

Sailing

Scuba and Sealife

Please be aware that should your child fall ill or decide not to attend for any other reason, the school insurance will not cover this. The school can offer no refund unless a replacement student takes their place.

* <u>ACTIVITIES IN BOLD REQUIRE SHORT NOTICE DEPOSITS.</u>

Please note that activities may not go ahead if they are not full enough.